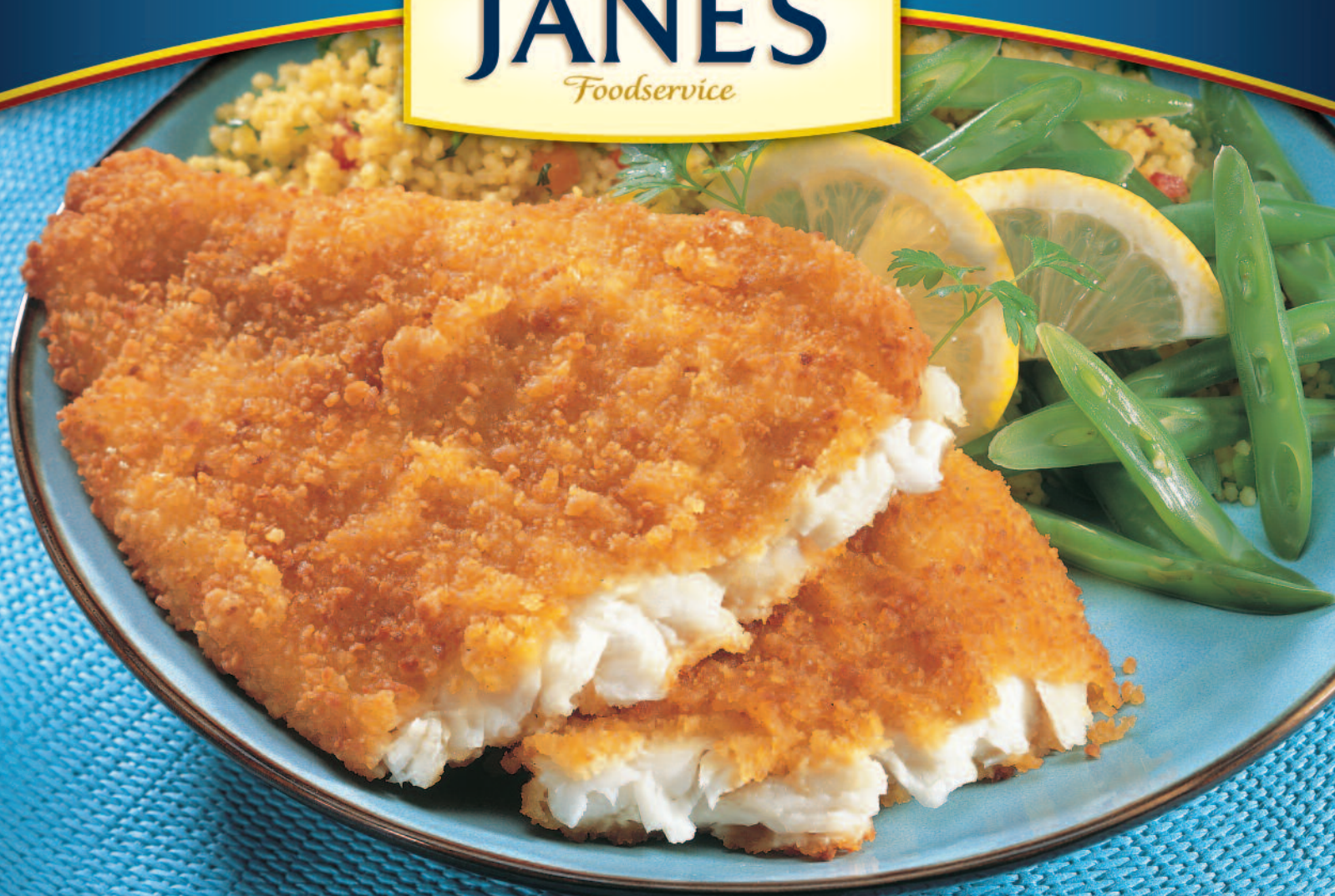


JANES
Foodservice



Janes Lemon & Herb Sole Fillet



Janes Haddock Fillets

Oven Bake Fish

Healthy option – **trans fat free.**

Light, flaky, premium fish fillets.

#25900


JANES
Foodservice

Lemon & Herb Sole Fillet

Health Benefits

0 trans fat
 Low in saturated fat
 Source of iron

Allergen Listing

Wheat, Milk

Oven Bake

Nutrition Facts

Serving Size 100 g	
Approximately 1 piece	
Calories	225.0
Fat	9.6 g
Sodium	823.0 mg
Protein	11.4 g

Case Pack Size

2 x 2 kg = 4 kg

Average Piece Count

47

Average Piece Weight

57 - 113 g / 2 - 4 oz

#22900


JANES
Foodservice

Haddock Fillets

Health Benefits

0 trans fat
 Low in saturated fat
 Source of iron

Allergen Listing

Wheat, Milk

Oven Bake

Nutrition Facts

Serving Size 100 g	
Approximately 1 piece	
Calories	215.0
Fat	9.1 g
Sodium	567.0 mg
Protein	12.9 g

Case Pack Size

2 x 2 kg = 4 kg

Average Piece Count

47

Average Piece Weight

57 - 113 g / 2 - 4 oz

As a trusted national brand, Janes brings quality products to every table in your restaurant. Janes Foodservice products are convenient and always look and taste fantastic which means your patrons will return time and again for great taste you both can trust.

Visit our website where we offer menu ideas and preparation suggestions that can help you to offer Janes products in a way that will be unique and improve the brand experience you offer your customers.



Taste you Trust

1-800-56-JANES
www.janesfamilyfoods.com